





<b>Prep Time</b>		5 minutes cold; 15 minutes hot			
<b>Notes</b>					
Number of servings is based on 9 ounces per cup.					
*The amount of instant coffee needed will vary by brand. Adjust quantity to provide 8 oz of coffee per latte according to package instructions.					
Store latte in cooler up to one week or until expiration date of milk, depending on which one comes first.					
<b>Nutrients per serving</b>					
Calories	134 kcal	Sat Fat	1.482 g	Total Sugars	18.254 g
Protein	8.656 g	Chol	9.8 mg	Added Sugars	6.042 g
Carb	19.151 g	Sodium	129.26 mg		
Total Fat	2.383 g	Dietary Fiber	0.05 g		