



## Nutty Yogurt Dip

Recipe Type: Breakfast

Meal Components: 1 oz m/ma

Preparation Time: 20 minutes

Ingredients	20 servings		100 servings		Directions
	Weight	Measure	Weight	Measure	
					<b>CCP: No bare hand contact with ready to eat food.</b>
Yogurt, Greek, fat-free, vanilla		1 quart + 3 cups		2 gal + 3 cups	1. In a large bowl or mixer bowl with whisk attachment, combine yogurt and nut butter. Mix until light and fluffy. Cover and set aside or using a #10 disher, place .375 cup (6 Tbsp) in portion cup or protein box for service.
Nut, seed, or soy butter		1 cup		1 qt + 1 cup	
					<b>CCP: Hold at 41° F or below.</b>

Notes:	Serving:
Nutty yogurt dip may be prepared day before service and held at 41° F or below.	#10 disher (6 Tbsp) provides 1 oz m/ma equivalent.

Portion Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein
3/8 cup	100 kcal	142 g	6.54 g	0.91 mg	2.38 mg	74.97 g	11.03 g	2.00 g	8.77 g

Nutrients generated with NUTRIKIDS® Menu Planning and Nutritional Analysis software and should not be used medical conditions or food allergies.

